Saturday 10th June

An Existential Breakfast

followed by a lecture from Colin Cameron Northumbria University:



Existentialism – What on Earth is that? £10 (inclusive of breakfast) The Boatyard 8.30 am

Savour the culinary delights of one or the two breakfasts (you choose) once enjoyed daily at the Parisian *Cafe de Flore* by famous existentialists **Jean-Paul Sartre** and his mistress **Simone de Beauvoir**. One of Sartre's books, *Iron in The Soul* gave us our festival title. Breakfast (poached eggs on toast or Welsh rarebit and Worcester sauce, plus of course strong coffee) is followed by an entertaining and informative talk by **Dr Colin Cameron** on one of the great mysteries of the universe, the other mystery being what happens to the second sock in the washing machine. Time allowed for questions. Places are limited and booking ahead is essential.







Bookmaking workshop with Bridget Yhearm Val Clark room Cullercoats Community Centre 10am-12 noon £15

Using your own poetry, within two hours you can create a beautifully illustrated handmade book which you can then take away and treasure.

Places are limited to six people and advance booking is essential. **Bridget Yhearm** needs to have copies of the poems before the day itself. Details when booking. The price includes all materials and refreshments. Bridget is the founder of Honeybridge House.





This festival is brought to you by IRON Press who have been publishing fine literary books for 44 years, almost all that time in Cullercoats. The unique IRON House in Marden Terrace is opened up on Heritage Open Days for a free *Pyschedelic Perambulation*. Check out our book list online @ <www.ironpress.co.uk>.

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